EXERCISE SCIENCE, FITNESS MANAGEMENT, BS

Bachelor of Science in Exercise Science, Fitness Management (555233BS)

More on the Fitness Management major (https://www.uakron.edu/sswe/programs/exercise-science/)

The Exercise Science program has been reorganized and admission to this program has been suspended. Students interested in Fitness Management should now choose Bachelor of Science in Exercise Science, Applied Exercise Physiology (555230BS) to obtain the required coursework.

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Program Description
The Exercise Science major is designed to prepare students for employment in commercial, corporate, clinical, community and government agencies with interest in the areas of physical activity and health promotion. The program prepares students to sit for certification examinations such as American College of Sports Medicine Exercise Physiologist Certified and the National Strength and Conditioning Association Certified Strength and Conditioning Specialist.

All major coursework used for graduation requires a grade of C or better.

The following information has official approval of The School of Exercise and Nutrition Sciences and The College of Health and Human Sciences, but is intended only as a supplemental guide. Official degree requirements are established at the time of transfer and admission to the degree-granting college. Students should refer to the Degree Progress Report (DPR) which is definitive for graduation requirements. Completion of this degree within the identified time frame below is contingent upon many factors, including but not limited to: class availability, total number of required credits, work schedule, finances, family, course drops/withdrawals, successfully passing courses, prerequisites, among others. The transfer process is completed through an appointment with your academic advisor.

1st Year
Fall Semester
3100:200  Human Anatomy & Physiology I 1  3
3100:201  Human Anatomy & Physiology Laboratory I 1  1
3300:111  English Composition I 1,2  3

Spring Semester
3100:202  Human Anatomy & Physiology II (Natural Science Requirement)  3
3100:203  Human Anatomy & Physiology Laboratory II  1
3300:112  English Composition II 1,2  3
3850:100  Introduction to Sociology (meets Social Science & Domestic Diversity) 1  3
5550:150  Concepts in Health & Fitness  3
7600:105 or 7600:106  Introduction to Public Speaking 1 or Effective Oral Communication  3
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>5550:422</td>
<td>Sport Planning/Promotion</td>
<td>3</td>
</tr>
<tr>
<td>5550:449</td>
<td>Organization &amp; Administration for Health Care Professionals</td>
<td>3</td>
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<td></td>
<td><strong>Hours</strong></td>
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**Spring Semester**

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<tr>
<td>5550:355</td>
<td>Exercise in Special Populations</td>
<td>3</td>
</tr>
<tr>
<td>5550:404</td>
<td>Exercise Prescription</td>
<td>3</td>
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<tr>
<td>5550:460</td>
<td>Practicum in Physical Education</td>
<td>6</td>
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<td>5550:485</td>
<td>Exercise Science Capstone</td>
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<td><strong>Hours</strong></td>
<td><strong>14</strong></td>
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**Total Hours** 120

1. Preadmission courses must average 2.5 GPA with an overall GPA of 2.75 or higher for admission to the program.

2. 3300:111 English Composition I and 3300:112 English Composition II must be completed with a grade of C or better.

**Alert:** By the end of your first 48 credit hours attempted, you must have completed your General Education Writing, Mathematics, Statistics and Logic, and Speaking requirements.