SPORT COACHING LEADERSHIP, CERTIFICATE

Certificate in Sport Coaching Leadership (555235C)

The Coaching Certificate Program prepares individuals with the knowledge, practical skills and certification requirements to become a certified coach in the state of Ohio. Completing the Coaching certificate program will satisfy most of the requirements to obtain the Ohio Department of Education Pupil-Activity (Coaching) Permit and the National Federation of High School Sports Association Level 1 coaching credentials.

The following information has official approval of **The School of Exercise & Nutrition Science** and **The College of Health and Human Sciences**, but is intended only as a guide. Completion of this certificate is contingent upon many factors, including but not limited to: class availability, total number of required credits, work schedule, finances, family, course drops/withdrawals, successfully passing courses, prerequisites, among others.

The following courses constitute a "Certificate in Sport Coaching Leadership" and must be completed with a minimum grade point average of 2.0 overall for the certificate to be noted on the student's record.

Requirements Summary

| Code | Title | Hours |
|--|-------|-------|
| Sport Coaching and Athletics Leadership Required Courses | | 3 |
| Sport Coaching and Athletics Leadership Electives | | 9 |
| Total Hours | | 12 |

Sport Coaching and Athletics Leadership Required Courses

| SPRT 160 | Introduction to Coaching | 3 |
|-------------|--------------------------|---|
| Total Hours | | 3 |

Sport Coaching and Athletics Leadership Electives

| Code | Title | Hours |
|-------------------|---|-------|
| Select 9 credits: | | 9 |
| SPRT 100 | Career Explorations Into Sport | |
| SPRT 203 | Practice and Theory in Coaching | |
| SPRT 210 | Navigating Social Issues in Sport | |
| SPRT 301 | Sports Medicine for Coaches | |
| SPRT 302 | Psychology of Coaching | |
| SPRT 409 | Sport Behavior | |
| SPRT 462 | Legal Aspects and Ethics in Sport | |
| SPRT 480 | Special Topics in Coaching and Leadership | |
| EXER 426 | Nutrition for Sports | |

HEDU 202 Stress Management

Total Hours 9