

# ATHLETIC COACHING, MINOR

SPRT:XXX<sup>2</sup>

<b>Total Hours</b>	<b>3</b>
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## Minor in Athletic Coaching (555235M)

The Athletic Coaching minor is geared towards students interested in learning content and skills related to the athletic coaching profession. Courses will include philosophy, motivation, leadership and the pedagogy methods in coaching. Students will earn a Level 1 National Federation of High School Sports (NFHS) Coaching credential.

## Requirements for Admission

Admission to the University of Akron and have a 2.5 or greater overall GPA.

### Program Contact

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The following information has official approval of **The School of Exercise and Nutrition Sciences** and **The College of Health and Human Sciences**, but is intended only as a guide. Completion of this minor is contingent upon many factors, including but not limited to: class availability, total number of required credits, work schedule, finances, family, course drops/withdrawals, successfully passing courses, prerequisites, among others.

The following courses constitute a "Minor in Sports Studies-Coach Education" and must be completed with a minimum grade point average of 2.0 overall for the minor to be noted on the student's record. Please refer to the University Requirements for Minor Areas of Study (<https://bulletin.uakron.edu/undergraduate/important-policies/graduation-requirements/#minor-req>) for specific graduation information regarding minors.

## Summary

Code	Title	Hours
Required Courses		15
Electives		3
<b>Total Hours</b>		<b>18</b>

## Required Courses

Code	Title	Hours
SPRT 160	Introduction to Coaching	3
SPRT 409	Sport Behavior	3
SPRT 203	Practice and Theory in Coaching	3
SPRT 202	Methods of Coaching and Evaluation	3
SPRT 301	Sports Medicine for Coaches	3
<b>Total Hours</b>		<b>15</b>

## Electives

Code	Title	Hours
<b>Select 3 credits of the following:</b>		<b>3</b>
SPRT 395	Field Experience	
EXER 480	Special Topics: Exercise Science <sup>1</sup>	
SPRT 375	Sport Performance and Fitness Skills	
SPRT 401	Disabilities and Physical Activity	

<sup>1</sup> EXER 480 Special Topics: Exercise Science should be an approved coaching class.

<sup>2</sup> Advisor approved Sport Coaching Athletic Leadership elective