

SPORT COACHING AND ATHLETICS LEADERSHIP, BS

Bachelor of Science, Sport Coaching and Athletics Leadership (555235BS)

More on the Sport Coaching and Athletics Leadership major (<https://www.uakron.edu/sswe/programs/sport-studies/>)

A Bachelor's degree in Sport Coaching and Athletics Leadership paves the way to a variety of career opportunities in sport and recreation. This versatile and valuable degree can open up numerous career opportunities.

Requirements for Admission

Preadmission coursework

Code	Title	Hours
ENGL 111	English Composition I	3
ENGL 112	English Composition II	3
SOCIO 100	Introduction to Sociology	3
COMM 105 or COMM:106	Introduction to Public Speaking	3
PSYC 100	Introduction to Psychology	3
NUTR 133	Nutrition Fundamentals	3
SPRT 100	Career Explorations Into Sport	3
	Nat Science with lab	4
SPRT 160	Introduction to Coaching	3
Total Hours		28

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The following information has official approval of **The School of Exercise and Nutrition Sciences** and **The College of Health and Human Sciences**, but is intended only as a supplemental guide. Official degree requirements are established at the time of transfer and admission to the degree-granting college. Students should refer to the Degree Progress Report (Stellic) which is definitive for graduation requirements. *Completion of this degree within the identified time frame below is contingent upon many factors, including but not limited to: class availability, total number of required credits, work schedule, finances, family, course drops/withdrawals, successfully passing courses, prerequisites, among others.* The transfer process is completed through an appointment with your academic advisor.

Three year accelerated option: for first time students who have earned credits for at least the first year of courses. Credits can be earned through qualifying scores on appropriate Advanced Placement (AP) exams or through [College Credit Plus Program \(CCP\)](#) courses. Credits for qualifying AP scores or CCP courses are determined by the appropriate academic department. Departments may assign varied course credit, depending on the student's score on an AP exam or [grade in a CCP](#) course. Students may also receive credit by examination or via placement tests, where appropriate.

Summary

Code	Title	Hours
	General Education Requirements (https://bulletin.uakron.edu/undergraduate/general-education/)	36
	Sport Coaching and Athletics Leadership Required Courses	47
	Sport Coaching and Athletics Leadership Electives	36
	Additional Credits for Graduation *	1
Total Hours		120

* Bachelor's degrees require a minimum of 120 credit hours for graduation.

Note: A grade of C or better in all SPRT, EXER, PHED and HEDU course(s) is required for graduation.

General Education Courses

Code	Title	Hours
Students pursuing a bachelor's degree must complete the following General Education coursework. Diversity courses may also fulfill major or Breadth of Knowledge requirements. Integrated and Applied Learning courses may also fulfill requirements in the major.		
Academic Foundations		12
	<i>Mathematics, Statistics and Logic: 3 credit hours</i>	
	<i>Speaking: 3 credit hours</i>	
	<i>Writing: 6 credit hours</i>	
Breadth of Knowledge		22
	<i>Arts/Humanities: 9 credit hours</i>	
	<i>Natural Sciences: 7 credit hours</i>	
	<i>Social Sciences: 6 credit hours</i>	
Diversity		
	Domestic Diversity	
	Global Diversity	
Integrated and Applied Learning		2
	<i>Select one class from one of the following subcategories:</i>	
	Complex Issues Facing Society	
	Capstone	
	<i>Review the General Education Requirements page for detailed course listings.</i>	
Total Hours		36

Sport Coaching and Athletics Leadership Required Courses

Code	Title	Hours
SPRT 100	Career Explorations Into Sport	3
SPRT 160	Introduction to Coaching	3
SPRT 200	Motor Learning and Performance	3
SPRT 202	Methods of Coaching and Evaluation	3
SPRT 203	Practice and Theory in Coaching	3
SPRT 204	Sport History Appreciation	3
SPRT 462	Legal Aspects and Ethics in Sport	3
SPRT 301	Sports Medicine for Coaches	3
SPRT 302	Psychology of Coaching	3
SPRT 310	Investigating Current Issues in Coaching and Leadership	3
SPRT 366	Sport Media Relations	3
SPRT 375	Sport Performance and Fitness Skills	3
SPRT 401	Disabilities and Physical Activity	3
SPRT 424	Sports Leadership	3
PHED 450		3
SPRT 460	Practicum in Sport Coaching and Leadership	2
Total Hours		47

Sport Coaching and Athletics Leadership Electives

Code	Title	Hours
Select 36 credits:		36
SPRT 210	Navigating Social Issues in Sport	
SPRT 368	Sport Facility Management	
SPRT 410	Introduction to Sport Sociology	
SPRT 420	Fundamentals of Management Strategies in Sport	
SPRT 422	Sport and Event Planning Operations	
SPRT 480	Special Topics in Coaching and Leadership	
EXER 150	Concepts in Health & Fitness	
EXER 352	Strength & Conditioning Fundamentals	
EXER 426	Nutrition for Sports	
EXER 465	Psychology of Injury Rehabilitation	
HEDU 101	Personal Health	
HEDU 202	Stress Management	
Total Hours		36

Recommended Sequence

1st Year		Hours
Fall Semester		
ENGL 111	English Composition I ^{1,2}	3
PSYC 100	Introduction to Psychology ¹	3
	Natural Science with lab Requirement ¹	4
	Mathematics, Statistics and Logic Requirement ¹	3
SPRT 100	Career Explorations Into Sport ¹	3
Hours		16

Spring Semester

ENGL 112	English Composition II ^{1,2}	3
SOCIO 100	Introduction to Sociology ¹	3
	Speaking Requirement ¹	3
NUTR 133	Nutrition Fundamentals ¹	3
SPRT 160	Introduction to Coaching ¹	3
Hours		15

2nd Year

Fall Semester

SPRT 200	Motor Learning and Performance	3
SPRT 203	Practice and Theory in Coaching	3
SPRT:xxx	SCAL Elective	3
SPRT:xxx	SCAL Elective	3
SPRT 204	Sport History Appreciation	3
Hours		15

Spring Semester

	Arts Requirement	3
SPRT 202	Methods of Coaching and Evaluation	3
SPRT:xxx	SCAL elective	3
SPRT:xxx	SCAL Elective	3
SPRT 302	Psychology of Coaching	3
Hours		15

3rd Year

Fall Semester

	Humanities Requirement	3
	Complex Issues Requirement	3
SPRT 310	Investigating Current Issues in Coaching and Leadership	3
SPRT 366	Sport Media Relations	3
SPRT 375	Sport Performance and Fitness Skills	3
Hours		15

Spring Semester

	Arts/Humanities Requirement	3
SPRT 301	Sports Medicine for Coaches	3
SPRT:xxx	SCAL Elective	3
SPRT:xxx	SCAL Elective	3
SPRT 401	Disabilities and Physical Activity	3
Hours		15

4th Year

Fall Semester

PHED 450		3
SPRT:xxx	SCAL Elective	
SPRT 460	Practicum in Sport Coaching and Leadership	2
SPRT:xxx	SCAL Elective	3
SPRT:xxx	SCAL Elective	3
SPRT 462	Legal Aspects and Ethics in Sport	3
Hours		14

Spring Semester

	Global Diversity Requirement	3
SPRT 424	Sports Leadership	3
SPRT:xxx	SCAL Elective	3

SPRT:xxx	SCAL Elective	3
SPRT:xxx	SCAL Elective	3
Hours		15
Total Hours		120

¹ Preadmission courses must average 2.0 GPA with an overall GPA of 2.0 or higher for admission to the program.

² ENGL 111 English Composition I and ENGL 112 English Composition II must be completed with a "C" or better for admission to the major

Alert: By the end of your first 48 credit hours attempted, you must have completed your General Education Writing, Mathematics, Statistics and Logic, and Speaking requirements.