### **SPORTS MEDICINE, MINOR**

## **Minor in Sports Medicine (555237M)**

The Sports Medicine Minor is geared toward students interested in learning content and skills related to care in an orthopedic health care field. Courses will include laboratory activities and the opportunity to sit for the National Academy of Sports Medicine Corrective Exercise Certification.

# Requirements for Admission Prerequisite coursework:

**Complete Series Required** 

ANAT: 206 Applied Human Anatomy & Physiology I

ANAT:210 Applied Human Anatomy & Physiology Lab I

ANAT:207 Applied Human Anatomy & Physiology II

ANAT:211 Applied Human Anatomy & Physiology Lab II

OR

BIOL:200 Human Anatomy & Physiology I

BIOL:201 Human Anatomy & Physiology Laboratory I

BIOL:202 Human Anatomy & Physiology II

BIOL:203 Human Anatomy & Physiology Laboratory II

The following information has official approval of The School of Exercise and Nutrition Sciences and The College of Health and Human Sciences, but is intended only as a guide. Completion of this minor is contingent upon many factors, including but not limited to: class availability, total number of required credits, work schedule, finances, family, course drops/withdrawals, successfully passing courses, prerequisites, among others.

The following courses constitute a "Minor in Sports Medicine" and must be completed with a minimum grade point average of 2.0 overall for the minor to be noted on the student's record. Please refer to the University Requirements for Minor Areas of Study (https://bulletin.uakron.edu/undergraduate/important-policies/graduation-requirements/#minor-req) for specific graduation information regarding minors.

#### **Summary**

Code	Title	Hours
Core Requirements		24
Total Hours		24

### **Core Requirements**

Code	Title	Hours
EXER:201	Kinesiology	3
EXER:240	Principles of Sports Medicine	3
EXER:275	Clinical Assessment & Evaluation Lower Extrem	ity 3
EXER:342	Clinical Assessment & Evaluation Upper Extrem	ity 3
EXER:352	Strength & Conditioning Fundamentals	3
EXER:400	Musculoskeletal Anatomy I: Upper Extremity	3
EXER:401	Musculoskeletal Anatomy II: Lower Extremity	3

EXER:445	Therapeutic Exercise & Rehabilitation	3
Total Hours		24